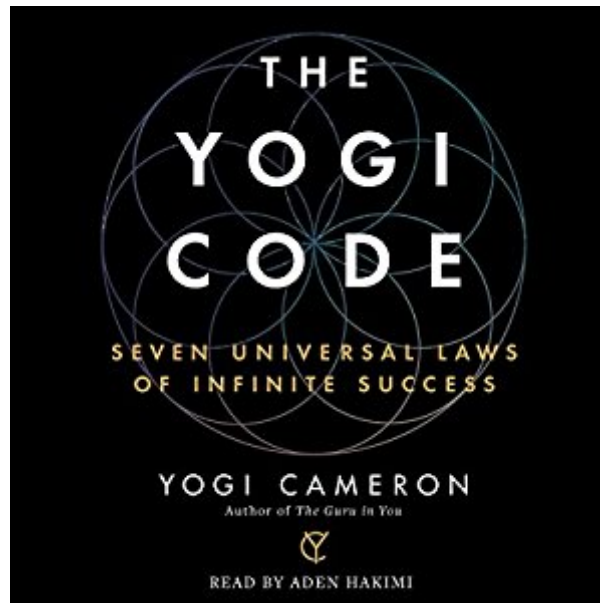




The book was found

# The Yogi Code: Seven Universal Laws Of Infinite Success



## Synopsis

Thousands of years of yoga and Ayurveda wisdom are distilled into a code of seven daily practices that enable the modern, busy person to look better, feel better, and live a stress-free life. While most of us think of yoga as a series of poses, the path of the yogi goes far beyond the mat into a set of daily practices that enable us to live lives of better physical health, confidence, deeper connections with others, and purpose. In this succinct yet illuminating book, Yogi Cameron demystifies 5,000 years of yogic wisdom into a clear language for everyone to benefit from, regardless of your familiarity or ability with yoga. After a successful career as a fashion model, Yogi Cameron left Paris for Southern India, where he became a decades-long student of the Ayurveda and ancient yogic traditions that he now shares with global audiences. In this book he explains how to move beyond the yoga mat and into the world. You'll learn to balance daily demands while achieving a higher level of consciousness and self-knowledge through seven daily practices, including crafting daily routines to peacefully reach your full potential, creating morning practices to build a strong, stress-free foundation, practicing self-study to center yourself, and learning what love is in its purest form - your intuition - and how to stay in the presence of this divine love always. With relatable chapters and practices expertly created to fit into our normal fast-paced days, The Yogi Code allows you to finally become closer to understanding your eternal purpose.

## Book Information

Audible Audio Edition

Listening Length: 5 hours 24 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Simon & Schuster Audio

Audible.com Release Date: May 9, 2017

Whispersync for Voice: Ready

Language: English

ASIN: B06XX4KNLG

Best Sellers Rank: #53 in Books > Audible Audiobooks > Health, Mind & Body > Exercise & Fitness #333 in Books > Health, Fitness & Dieting > Exercise & Fitness > Yoga #519 in Books > Audible Audiobooks > Religion & Spirituality > New Age & Occult

## Customer Reviews

If you have not experienced Yogi Cameron and his helpful philosophies you should take advantage

soon ÆfÂ Æ Å,Â â„çÂ Â•ÆfÂ Æ Å,Â Â•Â Â»Namaste

I am still reading it but I have followed Yogi Cameron for a couple of years. I am not sure I want to be a yogi but there is a lot of good information to apply to keep calm and grounded in my life.

This book is a joy to read. This will be my "go to" to get reassured I'm on the right path but have to stay on this path. Training my mind to encourage this journey. Good job on the book. YC put alot of himself into this book.

Yogi Cameron's books are always well thought out, full of knowledge and instruction, and very readable!

I gave started reading this book and so far I've enjoyed it very much

A great book like a door on another path

A wonderful book full of wisdom, compassion, and light! This is a book I will pick up again and again.

As a person who is passionate about self improvement, self discovery and self awareness, I find this book to be very helpful in both learning about the Ayurveda practices. The book helps with staying focused on easy to do tasks and to help you achieve calmness and balance in your life. It's easy to read, and at time even entertaining. I am fully committed to using some of these practices and already noticing differences in my life. Namaste.

[Download to continue reading...](#)

The Yogi Code: Seven Universal Laws of Infinite Success Universal Orlando: By Locals - A Universal Travel Guide Written In Orlando: The Best Travel Tips About Where to Go and What to See in Universal Orlando ... Universal Florida, Universal Studios) Driving Mr. Yogi: Yogi Berra, Ron Guidry, and Baseball's Greatest Gift Las Siete leyes Espirituales del Exito [The Seven Spiritual Laws of Success] The Seven Spiritual Laws of Success: A Practical Guide to the Fulfillment of Your Dreams - The Complete Book on CD (Chopra, Deepak) The Seven Spiritual Laws for Parents: Guiding Your Children to Success and Fulfillment (Deepak Chopra) The Seven Spiritual Laws of Success: A Practical Guide to the Fulfillment of Your Dreams The Seven Spiritual Laws of Success

Universal Cycle Theory: Neomechanics of the Hierarchically Infinite Universe Fractals, Chaos, Power Laws: Minutes from an Infinite Paradise (Dover Books on Physics) Fractals, Chaos, Power Laws: Minutes from an Infinite Paradise 2012 International Plumbing Code (Includes International Private Sewage Disposal Code) (International Code Council Series) Building Code Basics: Commercial; Based on the International Building Code (International Code Council Series) The Complete Universal Orlando: The Definitive Universal Handbook Study Guide for EPA 608 Universal Certification: Simple Study and Review to Pass the EPA 608 Universal Certification Test Historia Universal 1 / Universal History 1: De La Antigüedad al Renacimiento / From Ancient to the Renaissance (Spanish Edition) Atlas Geografico Universal y de el Salvador / Geographic Atlas of El Salvador and the World (Universal and Latin American National Atlases) (Spanish Edition) Universal Orlando 2011: The Ultimate Guide to the Ultimate Theme Park Adventure (Universal Orlando: The Ultimate Guide to the Ultimate Theme Park Adventure) Universal Orlando 2013: The Ultimate Guide to the Ultimate Theme Park Adventure (Universal Orlando: The Ultimate Guide to the Ultimate Theme Park Adventure) Universal Orlando 2012: The Ultimate Guide to the Ultimate Theme Park Adventure (Universal Orlando: The Ultimate Guide to the Ultimate Theme Park Adventure)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)